

DR. ALLAN PHILLIPS'
Regularity
FORMULA

DIETARY SUPPORT FOR DIGESTIVE SYSTEM

Supplement Facts

Serving Size 1 Capsules
Servings Per Container 60

Amount Per Serving	%Daily Value*
Magnesium** 210 mg	53%

Proprietary Blend 222 mg	†
Black walnut hulls, hyssop stem and leaves, peppermint leaves, bentonite, ginger root, red raspberry leaves, turkey rhubarb root, butternut bark, lobelia, cayenne fruit, plant-sourced trace mineral blend, Oxygen 7 [®] plant-sourced enzyme complex (lactase, lipase, cellulase, bromelain, papain, alpha amylase, acid stable protease).	

* Percent Daily Values are based on a 2,000 calorie diet.

** From 350 mg of Magnesium oxide.

† Daily Value not established

Contains: Nut (Walnut) ingredients.

Other Ingredients: Vegetable capsule (cellulose), magnesium stearate (vegetable source).

Directions: Take 1-2 capsules at bedtime as needed with a full glass of water. Do not take more than 2 capsules daily.

Dr. Allan Phillips' **REGULARITY** formula is a safe and effective natural product that encourages regularity and helps to soothe intestinal discomfort.* Intestinal regularity can increase energy and improve overall health.*

A healthy digestive system improves your ability to withstand physical and environmental stress.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.